



DESIDERATA



Go placidly amid the noise and haste, and remember what peace there may be in silence, as far as possible without surrender be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have— their story. Avoid loud and aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain and bitter; for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans.

Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism. Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is perennial as the grass.

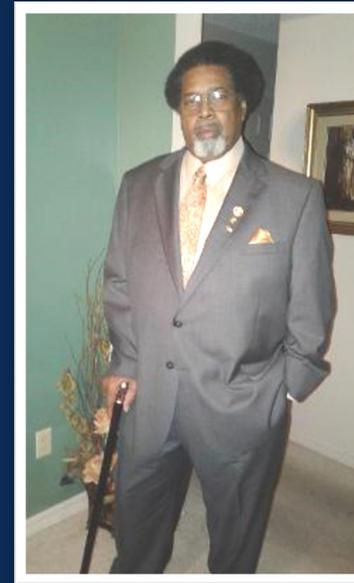
Take kindly the council of the years, gracefully surrendering the things of youth. Nurture strength of spirit, to shield you in sudden misfortune. But do not stress yourself with imaginings, many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive him to be, and whatever your labors and aspirations in the noisy confusion of life keep peace with your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be careful. Strive to be happy.

Sensei Larry Holmes,
3rd.Degree Black Belt
Current Rank: 7th Degree Black Belt

TAE KWON DO



A Celebration of Life for Lawrence Augustus Holmes



Sunrise

March 25, 1943

Sunset

April 5, 2020

Acknowledgements

The family wishes to express our sincere thanks to everyone during our time of bereavement. Your acts of kindness will always be remembered.

~ The Holmes Family ~

Arrangements in Care of:



904-765-1234

Tyrone S. Warden, FDIC
www.tswarden.com

410 Beech Street
Fernandina Beach, FL 32034

4315 N. Main Street
Jacksonville, FL 32206

Graveside Service

11:00 AM, Saturday, April 18, 2020

Bosque Bello Cemetery

1320 N. 14th Street

Fernandina Beach, Florida 32034

Pastor Jeanette M. Richo, Officiating

Obituary

Lawrence Augustus Holmes was born on March 25, 1943 in Tampa, Florida to the late Ruth Albritton Holmes Simmons and Theodore Holmes. He departed this life at Baptist Medical Center in Jacksonville on April 5, 2020 with his wife by his side.

As the youngest of three sons, Lawrence was affectionately called “Baby Lawrence” and then “Larry” when he moved to Washington, DC. Lawrence attended primary grades at St. Peter Claver Catholic School and went on to graduate from Peck High School Class of 1961. He followed his older brothers, William and Theodore (Ted), to Washington, DC but was drafted into the United States Army. After the military, Larry returned to live in Washington, DC where he worked for the Metro Transit system and later for Duron Paints & Wallcoverings.

Larry studied and trained in Tae Kwon Do martial arts. He operated **The Larry Holmes School of Karate** where he trained many students (some who became black belts and instructors). Grandmaster Larry Holmes was a member of **Simba Do Jang** and the **United States Head of Family Martial Arts Association / International Hall of Honor Hall of Champions**. Larry loved music and had two bands – **Triple Threat** and **The Instant Groove**. He sang lead vocals and played congas. Larry had a great spirit and a good sense of humor. His non-judgmental personality garnered him many friends and he always encouraged anyone that crossed his path.

In addition to his parents, Lawrence was predeceased by his sister, Linda Simmons Clayton; brothers, William and Ted Holmes; in-laws, Darlene “Sam” Holmes, Jerry Garner, Lessie Shields, Raymond King, and Paulette House.

Larry leaves to cherish his memory, his devoted & loving wife of thirty years, Constance “Connie” Holmes; his sons, Lawrence Holmes, Jr. and Russell Roberts; grandchildren, Desstinee (Pee Wee) Craig, Ammar Wye, and Aundrea Roberts; sisters, Comina Newsome and Aurora Hill; sisters-in-law, Altamease Holmes, Patricia Shields, Gwenda King, Charmaine Lowe, Monic Buckner, and Barbara Z. Garner; brothers-in law, James Clayton, Anthony Shields, Thomas House, and Walter Buckner; goddaughter, Veronica Bragg; special cousin, Brenda Jones; special friends, Johnnie Robinson, III and Raymond Taylor; and a host of nieces, nephews, other family members and friends.

Order of Service

Processional

Scripture

Old Testament Pastor Granardo Felix
Trinity United Methodist Church

New Testament Pastor Jeremiah Robinson, Jr.
New Zion Missionary Baptist Church

Prayer

Selection Johnnie Robinson, III
“The Lord’s Prayer”

Words of Comfort Pastor Jeanette M. Richo
Greater Fernandina Beach Church of God

Selection Johnnie Robinson, III
“It’s So Hard to Say Goodbye to Yesterday”

Committal

Recessional