



## REMEMBERING *Sharron*

Sharron Lee Foran, age 81, of Jefferson City, Mo., passed away on November 14, 2020 at Jefferson City Nursing and Rehabilitation.

She was born on April 15, 1939 in Omaha, Nebraska, the daughter of Bry and Anna Marie (Evens) Jensen. She was first married in 1957 to Frank Sedlacek and it was to this marriage that her four daughters were born. On April 16, 1983 in Arnold, Nebraska, she was married to James Lyle “Jim” Foran, who survives.

Growing up in Nebraska, Sharron graduated from Benson High School in 1955. She went on to earn her LPN in Omaha, where she began her over 40-year professional career in private duty home healthcare.

She had a strong relationship and love for the Lord and was a faithful member of First Baptist Church. She started many mornings reading her devotional to give her peace.

Sharron enjoyed traveling and long car rides; trips to Texas, Louisiana, Germany, Holland, and Austria were among her favorites. She had fond memories with Jim and her family camping throughout the Midwest region. She liked the beauty of the outdoors and sitting on her deck enjoying the birds and deer in her backyard. Sharron was a shopper and found joy in giving to others. Her family will remember her wonderful meals and gatherings, her sense of humor and will miss the cards she was known to send just to lift their spirits.

Survivors include: her husband, Jim Foran; her children, Jeanene Donnell (Al) of Northglenn, Colorado, Denise Camper (Russ) of Challis, Idaho, Lori Sedlacek of Jefferson City, Mo., Susan Parsons (Barry) of Jefferson City, Mo., and Jason Foran of North Platte, Nebraska; 9 grandchildren; and 15 great-grandchildren.

Sharron was preceded in death by her parents; her brother, James Jensen; her sister, Sandra Allen; and her in-laws, Lyle and Vieve Foran.

## CELEBRATION OF LIFE SERVICE

6:00 p.m. Thursday, November 19, 2020

Freeman Chapel

Jefferson City, Missouri

The Reverend Hannah Coe

Prelude ..... “Angel”

Greeting and Prayer

Song ..... “Amazing Grace”

Scripture ..... John 14:1-3, Psalm 23

Obituary

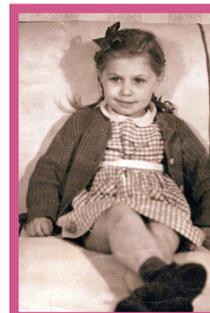
Song ..... “How Great Thou Art”

Words from the Family

Video Tribute

Words of Comfort and Blessing

Postlude



## *To Those I Love*

By Isla Paschal Richardson

*If I should ever leave you whom I love  
To go along the Silent Way, grieve not,  
Nor speak of me with tears, but laugh and talk  
Of me as if I were beside you there,  
(I'd come... I'd come, could I but find a way!  
But would not tears and grief be barriers?)  
And when you hear a song or see a bird I loved,  
Please do not let the thought of me be sad...  
For I am loving you just as I always have...  
You were so good to me!  
There are so many things I wanted still to do...  
So many things to say to you...  
Remember that I did not fear...  
It was just leaving you that was so hard to face...  
We cannot see Beyond... But this I know;  
I loved you so...*



## *In Appreciation*

Sharron's family wishes to express their sincere appreciation for the thoughts, prayers, and many acts of kindness extended to each of them during this time.

**Freeman**  
MORTUARY



CELEBRATING THE LIFE OF

*Sharron Foran*

1939 - 2020